McKenzie Kargel

1/29/13

HBS

Career Journal 1

Exercise physiologist:

* Must obtain a master’s or doctorate’s in exercise physiology, exercise science, or kinesiology with training in graduate level courses that cover exercise physiology, clinical exercise testing, exercise prescription, exercise training, and clinical assessment.
* Can administer stress tests and create exercise programs tailored to an individual’s healthcare needs. Also evaluate peoples’ overall health.
* Make about $37,479 - $48,431 per year.
* I think that this career would be very interesting, and it would also prompt you to be physically fit throughout your life, which is a major bonus.

(2011, November 16). Retrieved from <http://explorehealthcareers.org/en/Career/142/Exercise_Physiologist>

American College of Sports Medicine. (2011). *ascsm certification*. Retrieved from http://certification.acsm.org/acsm-registered-clinical-exercise-physiologist